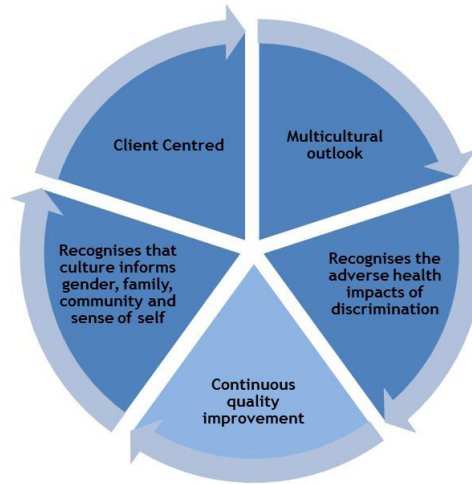




Health. Wellbeing. Diversity.

DAMEC's culturally responsive model



Counselling Service

Drug and Alcohol Multicultural Education Centre



Drug and Alcohol
Multicultural
Education Centre

T: (02) 8706 0150
F: (02) 8706 0154

Blacktown

Suite 102, Level 1,
114-116 Main St
Blacktown NSW 2148

Liverpool

Suite 15, Level 4,
13-15 Moore St
Liverpool NSW 2170

*DAMEC is accredited by the
Australian Council on Healthcare Standards*





About Us

The Drug and Alcohol Multicultural Education Centre (DAMEC) is a non-government organisation whose primary purpose is to reduce the harms associated with the use of alcohol and other drugs within culturally and linguistically diverse (CALD) communities in New South Wales.

DAMEC provides counselling and case management programs; health promotion, research and community development projects.

Our Clients

- ▶ People who want to address their substance use (past or present)
- ▶ Spouses/Partners
- ▶ Families of people with substance use problems including parents, siblings and extended family
- ▶ Carers, friends and other support people

Our Services

DAMEC's counselling service is a specialist multicultural service that focuses on meeting the needs of people from CALD communities. We offer a strengths-based model modified to be culturally responsive, and where possible provided in key community languages. We also run group programs.

We have bilingual staff who can speak:

- ▶ Arabic
- ▶ Cantonese
- ▶ Khmer
- ▶ English
- ▶ Mandarin
- ▶ Teo Chiew
- ▶ Vietnamese
- ▶ Thai
- ▶ Lao
- ▶ Ewe
- ▶ Ga
- ▶ Akan
- ▶ Liberian Creole
- ▶ Samoan
- ▶ Farsi

We can also access the Translator and Interpreter Services for other community languages.

Ask us for more information.

Individual Counselling

Our team of qualified Counsellors, Psychotherapists and Psychologists provide:

- ▶ Drug, alcohol and psychological assessments;
- ▶ One-to-one counselling;
- ▶ Referrals to other services.

What is Counselling?

Counselling is a collaborative, purposeful process between a Counsellor and a client. It gives you the opportunity to express your feelings and thoughts in a non-judgemental, respectful and caring setting.

Counsellors provide support, information and explore new ways of looking at issues with you. They can help you to clarify, understand and find solutions to your problem.

Family Support Services

DAMEC's family support compliments our individualised support through:

- ▶ Family assessments and case management support;
- ▶ Group work;
- ▶ Home visits;
- ▶ Referrals to other services.

